

Key Spit Tobacco Resources*
5/1/07 WI Tobacco Control Conference

| PRINT RESOURCES | ORDERING INFORMATION |
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| <p>About Spit Tobacco Describes spit tobacco, health effects and social effects; Created by ETR (2004)</p> | <p>http://www.tobwis.org Free materials</p> |
| <p>Dangerous Game: The Truth About Spit Tobacco Highlights oral effects of spit tobacco use and encourages students to develop a quit plan; Created by Natl. Institutes of Health, et al (1995)</p> | <p>www.cancer.gov Publications Temporarily not available</p> |
| <p>I Quit! What to do when you're sick of smoking, chewing or dipping Advises youth on successful methods of quitting; Created by CDC (2003)</p> | <p>http://www.tobwis.org Free materials</p> |
| <p>Quit the Spit: Keeping the Lid on Smokeless Tobacco Health risks, costs of use, signs of addiction and quit resources; Created by BACCHUS</p> | <p>http://www.tobwis.org Free materials</p> |
| <p>Spit Tobacco: A Guide for Quitting Highlights reasons to quit, assessing level of addiction and how to quit spit tobacco; Created by Natl. Institutes of Health, et al (2003)</p> | <p>www.cancer.gov Publications Limit 10 copies</p> |
| <p>Tobacco and Your Mouth Designed by dentists; Includes graphic photos and health effects; Created by Health Connection</p> | <p>http://www.tobwis.org Free materials</p> |

| TEACHER GUIDES | ORDERING INFORMATION |
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| <p>Project TNT (Towards No Tobacco Use) Includes information on spit tobacco; Model program by SAMHSA; 10-day interactive curriculum; English and Spanish (Grade 7-8)</p> | <p>http://pub.etr.org</p> |
| <p>B-Force Comic Book 45-minute activity; Sent to all school districts in the spring for 5th grades; Created by DPI, WI Dental Association and Milwaukee Brewers</p> | <p>Not available to order</p> |

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| <p>Get Real About Tobacco Includes information on spit tobacco; Included in WI DPI Resource List; 10 lessons with 4 follow-up sessions (Grades K-12)</p> | <p>http://www.unitedlearning.com</p> |
| <p>Science, Tobacco and You Includes information on spit tobacco, but no evaluation results yet on spit tobacco; Included in WI DPI Resource List; Hands-on science curriculum (Grades 4-5)</p> | <p>http://www.unitedlearning.com</p> |
| <p>Enough Snuff Self-help spit tobacco cessation program for males ages 15+; SAMHSA effective program; Included in WI DPI Resource List</p> | <p>http://www.appliedbehaviorscience.com</p> |
| <p>Spit Tobacco Intervention Peer-led discussion on spit tobacco use plus dental professional involvement; SAMHSA promising program; Included in WI DPI Resource List</p> | <p>http://rtips.cancer.gov/rtips/index.do (Search for Spit Tobacco Intervention; able to download materials from website)</p> |

| EDUCATIONAL PROPS | ORDERING INFORMATION |
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| <p>Chokenhagen Snuff Can Opens to reveal a pair of oversized dice covered with pictures of smokeless tobacco conditions and diseases</p> | <p>www.nimcoinc.com @ \$125 www.HealthEdco.com @ \$92.40</p> |
| <p>Dip ‘N Decay Healthy teeth and gums appear to “magically” develop cavities, gum disease, leukoplakia, and cancers after being submerged in simulated tobacco juice (Grade 6 – Adult)</p> | <p>www.nimcoinc.com @ \$150 www.HealthEdco.com @ \$115.50</p> |
| <p>Mr. Dip Lip The mouth opens and closes from the rear and fleshlike lips may be retracted to show the effects dipping can have on the inner lip, gums, and teeth.</p> | <p>www.nimcoinc.com @ \$150 www.healthconnection.org @ \$128 www.HealthEdco.com @ \$128</p> |
| <p>Mr. Gross Mouth Hinged model of teeth, tongue and oral cavity; demonstrates effect of use on mouth</p> | <p>www.nimcoinc.com @ \$150 www.healthconnection.org @ \$115 www.HealthEdco.com @ \$115</p> |
| <p>Teeth in Tobacco Juice Sealed jar of teeth and gums in simulated tobacco juice; demonstrates effects on teeth/gums</p> | <p>www.nimcoinc.com @ \$70 www.HealthEdco.com @ \$61</p> |
| <p>Clever Catch: Tobacco Prevention Ball 24” inflatable ball; Deals with questions relating to the dangers of smoking and smokeless tobacco (Grades 4-8)</p> | <p>www.nimcoinc.com @ \$12 www.HealthEdco.com @ \$11.25</p> |

Spit Tobacco Websites:

(all links available from www.tobwis.org)

UW-CTRI Facts on Chewing Tobacco

<http://www.ctri.wisc.edu/Smokers/smokeless.htm>

Information and cessation methods for spit tobacco users.

CDC Spit Tobacco Page

http://www.cdc.gov/tobacco/data_statistics/Factsheets/smokeless_tobacco.htm

Spit tobacco information and factsheets from the CDC.

National Spit Tobacco Education Program

<http://www.nstep.org>

Has a variety of spit tobacco educational and informational resources.

National Cancer Institute: Smokeless Tobacco

<http://www.cancer.gov/cancertopics/factsheet/Tobacco/smokeless>

Factsheet with Q&A style information about spit tobacco.

Tobacco Free Kids: Spit Tobacco factsheets

<http://www.tobaccofreekids.org/research/factsheets/index.php?CategoryID=33>

Many factsheets with information and statistics regarding spit tobacco.

Through With Chew

<http://www.throughwithchew.com>

Homepage of Through with Chew Week. Also has spit tobacco information and quit materials.

ChewFree

<http://www.chewfree.com/>

Part of a research project funded by the National Institutes of Health to help people quit their use of spit tobacco.